

Workshop on “The Power of Emotional Intelligence in Action”

Date: 02nd July, 2021

Participants:32

Dr. Vipul Vyas, The Mind Academy, Mumbai

The poster is for a full-day faculty development program. At the top left is the logo of Sir P. T. Sarvajani College of Science, Surat. The text at the top reads: 'Sir P. T. Sarvajani College of Science, Surat & The Mind Academy, Mumbai Present FULL-DAY FACULTY DEVELOPMENT PROGRAM'. The title 'The Power of Emotional Intelligence in Action*' is prominently displayed in the center. Below the title, a blue box contains the name 'PROF. VIPUL VYAS' and a list of his credentials and clients. To the right of this box is a portrait of Prof. Vipul Vyas. At the bottom, a calendar icon indicates the date 'July 2, 2021, 10:00 am – 6:00 pm'. A footnote at the very bottom states: '* Exclusively for the staff of Sir. P. T. Sarvajani College of Science'.

Sir P. T. Sarvajani College of Science, Surat
& The Mind Academy, Mumbai
Present
FULL-DAY FACULTY DEVELOPMENT PROGRAM

**The Power of
Emotional Intelligence
in Action***

PROF. VIPUL VYAS

- HR Facilitator & Life Coach
- Director, The Mind Academy, Mumbai
- Visiting Faculty, IRMA, Anand
- 96 Clients include – RBI, ISRO, TATA, CAG, AMUL, DRDO, Indian Oil, L&T, HAL, Godrej, Glenmark, Adani, Pfizer, Raymond, Management Associations, IIT Madras, etc.
- Associated with 19 universities in 10 states
- Trained more than 8000 senior professionals
- Website: www.drvipulvyas.com

July 2, 2021, 10:00 am – 6:00 pm

* Exclusively for the staff of Sir. P. T. Sarvajani College of Science

Brief report

On 2nd July, 2021, a one day workshop for teaching and non-teaching staff of the college was conducted by Dr. Vipul Vyas, The Mind Academy, Mumbai. Dr. Vyas stressed the need of Emotional Intelligence for an Individual to cope up with various stress level generated at the workplace and also life in general. In three sessions of two hours each, Dr. Vyas highlighted the ways in which Emotional Intelligence can help us deal with students and our colleagues so that congenial environment is creating in the organization. Dr. Vyas used different techniques which involved actual demonstration of the ways in which stress levels could be reduced leading to a healthy mind and body. The other advantage of emotional intelligence is the improvement and interpersonal relationships, social interactions, social behavior, ethical living and holistic life in general. In the end all the participant gain a very positive feedback about the entire workshop, suggested that such events should be conducted more often and thanked the speaker for an enriching experience.